



## **HCHS/SOL GOLD 1 Ancillary Study (AS#2013.08) QxQs**

NIMHD grant: Ancillary to HCHS/SOL: Gut Origins of Latino Diabetes Study ([R01 MD011389](#); R Kaplan, RD Burk, & RD Knight)

**GLE/GLS** - GOLD Questionnaire QxQ



## HCHS/SOL Visit 2- GOLD Questionnaire Form GLE/GLS - QxQ

### QxQ Instructions

Q1. This questionnaire has the flexibility of having the participant fill out the questionnaire by him/herself. If it is self-administered, verify that all the questions have been completed before the participants leaves the clinic. Choose one option.

Q2. – Q4a. These questions are about the use of antibiotics, probiotics, and heart burn medications during the past 6 months prior to the interview. These medications should be reported regardless of whether they were prescribed by a health professional or not. The sets of questions about the last month of use ask about use of these products regardless of the amount of time they took them. If the participant says that he or she is no longer using the medications but did use them sometime during the last six months, record here the last month when they took them (when they stopped). If they are still using them, then record the month and year of the interview.

Q2 and Q2a. Record whether participant has used antibiotics during the past six months for any indication (cold, flu, infection, control of acne, or other). This question captures use of antibiotics as oral medications (pills), intravenous antibiotics from an emergency room visit, hospital stay or visiting nurse service, intramuscular injection by a health care provider. Please do NOT include creams used topically or via intravaginal administration.

Q3. Probiotic pills or powders include preparations that can be obtained over the counter at health food stores. Only record “yes” if the participant reports that they have used these products at least once per week, for at least the last two weeks before the interview. Please do NOT include yogurt or other foods that contain or have been fortified with probiotics. (Please note that yogurt consumption is captured in Q5).

Q4. Record whether pills have been used, either by prescription or over the counter, for indigestion, heart burn or stomach problems. Only record “yes” if the participant reports that they have used these products at least once per week, for at least the last two weeks before the interview. Please do NOT include Tums or other antacid tablets, Alka Selzer, or Pepto Bismol.

Q5. In this question we are interested in consumption of yogurt or kefir regardless of the type of active cultures they may contain. Drinkable versions of yogurt also count. Kefir is a fermented milk, also referred as milk kefir. If they consumed these products occasionally (less than once a week) record as ‘No.’

Q6. Dietary preference refers to the type of diet, with respect to meat, participants follows. Choose one option that best describes what the participants “usual” dietary habit is.

Q7. Asks about special diets participants are currently following. Indicate yes or no for each option. Participants may choose as many options as needed. This question is meant to capture diets that either have been recommended by a healthcare provider or dietician, and also diets that the participant may have chosen on his or her own accord. If the participant does not recognize the term or is unsure whether their special diet fits into the category listed, indicate “no”. Any other special diets not listed, can be specified under “other (please specify).”

Section C is going to be pre-filled by the Coordinating center. Notify your site project coordinator/clinic manager if this information is missing at the moment of the interview.