



## **SGM –HCHS/SOL Formset**

(CSE) - QxQ

3/30/2020

### **General Instructions**

The next set of questions ask about coping styles, connection to lesbian, gay, bisexual, and transgender (LGBT) communities, and types of social support. The goal is to determine how these factors impact on health and well-being.

Read the following to participants: “Now I’m going to ask some questions about how you deal with difficult situations and about your connections to other people. I’ll be asking about your personal feelings and beliefs. There is no right or wrong answer.”

### **Q1a-Q1d Brief Resilient Coping Scale**

The Brief Resilient Coping Scale is a 4-item measure of resilient coping strategies. Items include questions about how the participant responds to difficult situations. Read the script exactly as it appears. Point out to participants that every question has the same five response options, which are: does not describe me at all, does not describe me, neutral, describes me, and describes me very well. Then proceed to read each statement and each response option. When asking these questions, make sure you do not comment on respondent’s answers. If you are asked about the meaning of specific questions, encourage participants to interpret questions in the way that makes the most sense to them.

### **Q2a-Q2e LGBT Community Connectedness**

The LGBT Community Connectedness scale is a 5-item measure of connection to lesbian, gay, bisexual, and transgender people. These questions should be asked of all participants, regardless of their sexual orientation or gender identity. Point out to participants that every question has the same five response options, which are: strongly disagree, disagree, neither agree nor disagree, agree, strongly agree. Then proceed to read each statement and each response option exactly as written. When asking these questions, you should be careful to not comment on respondent’s answers and to record answers in a non-judgmental manner. If you are asked about the meaning of specific questions, you should encourage participants to interpret questions in the way that makes the most sense to them. If the participant forgets what LGBT means, please read them the definition in the stem of the question: “Lesbian, Gay, Bisexual, and Transgender people.” If the participant responds with a comment such as, “I am not gay,” “this question does not apply to me,” or “I don’t know” – remind them that we ask these questions of all participants and ask them to select the response option based on their knowledge and experience.

### **Q3A-Q3L Interpersonal Support Evaluation List (ISEL)**

The ISEL is a 12-item measure of perceived emotional and instrumental support obtained from others. Items include questions related to ability to rely on others for help, companionship, and advice. Read the script exactly as it appears. Point out to participants that every question has the same four response options, which are: definitely false, probably false, probably true, and definitely true. Then proceed to read each statement and each response option. When asking these questions, you should be careful to not comment on respondent’s answers and to record answers in a non-judgmental manner. If you are asked about the meaning of specific questions, you should encourage participants to interpret questions in the way that makes the most sense to them.