



HCHS/SOL- Family Lifestyle Outcomes Research

Mother Acculturation Stress (MASE)

QXQ

6/20/2019

General Instructions

For the next set of questions, please ask participant to think about their experiences in the US over the past year.

QxQ Instructions

Questions 1 – 9: Select one answer for each item. Answer choices are:

- 1=Not at all
- 2=Very little
- 3=Moderately
- 4=Very often
- 5=Almost always

1. How often has it been hard for you to get along with others because you don't speak English well?
2. How often has it been hard to do well at work because of problems in understanding English?
3. How often have you had problems with your family because you prefer U.S. customs?
4. How often do you feel that you would rather be more American if you had a choice?
5. How often do you get upset at your children because they don't know U.S. ways?
6. How often do you feel uncomfortable having to choose between non-Hispanic/Latino and Hispanic/Latino ways of doing things?
7. How often do people dislike you because you are Hispanic/Latino?
8. How often are you treated unfairly at work because you are Hispanic/Latino?
9. How often do you see friends treated badly because they are Hispanic/Latino?