



## HCHS/SOL Question by Question Instructions SF-12v2™ Health Survey Form (SFE/SFS), Version A

### General Instructions

The SF-12 questionnaire provides an overall assessment of the physical and mental health status of the participant. This instrument is in widespread use; scores from the SF-12 can be compared to other study populations in the US and elsewhere. It should be noted that calculation of valid physical and mental health status requires that the participant answer each of the questions.

First, read the italicized script as it appears on the screen.

### Question By Question Instructions

**Q1** The first question asks the participant to rate their health on a five point scale ranging from “excellent” to “poor”.

**Q2a and 2b** These questions use the same response options which should be read to the participant after administration of each question (i.e., yes, limited a lot, yes limited a little, etc). First administer to the participant: “The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much?” You should emphasize the phrase “Does your health now limit you” when delivering this sentence. For question #2a emphasize the beginning of the sentence, “Moderate activities..”; for #2b emphasize the word “several”.

**Q3a and 3b** These questions use the same response options which should be read to the participant after administration of the question (i.e., all of the time, most of the time, etc). First administer to the participant: “During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of your physical health?” There are two parts of the sentence which should be emphasized when delivering: 1) “...past 4 weeks...”, and 2) “...as a result of your physical health”.

**Q4a and 4b** These questions use the same response options as above but should also repeated to the participant after administration of the question (i.e., all of the time, most of the time, etc). The front end for these questions is also similar to the statement read in advance of questions #3a and #3b except that the focus is on the consequences of emotional problems instead of physical health problems. First administer to the participant: “During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? There are two parts of the sentence which should be emphasized when delivering: 1) “...past 4 weeks...”, and 2) “..as a result of any emotional problems”. You can give examples such as feeling depressed or anxious if you sense the participant is having trouble understanding the question.

**Q5** The question assesses how often in the past 4 weeks pain interfered with normal work activities. Emphasize the phrases, “4 weeks” and “pain” when administering this question. Read all response options in the order presented until the participant answers (e.g., not at all, a little bit, etc). Note that the response options are different from those used in previous questions.

- Q6a – 6c These questions revert back to the use the response options used throughout most of this form (i.e., all of the time, most of the time, etc). First administer to the participant: “These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past 4 weeks...”. There are two parts of the sentence which should be emphasized when delivering: 1) “...past 4 weeks...”, and 2) “...the way you have been feeling”. Read all response options in the order presented until the participant answers.
- Q7 This question uses the same response options as above used throughout most of this form (i.e., all of the time, most of the time, etc). Emphasize the phrase “past 4 weeks” when delivering this question.